

Parcours: FDB 27 Km

Descriptif

Distance	27.709km
Dénivelé positif total	834m
Dénivelé négatif total	832m

Distance totale	27.709km
Dénivelé positif (montée)	834m
Pente positive moyenne	10%
Dénivelé négatif (descente)	832m
Pente négative moyenne	-10%
Montée (pente>2%)	8.890km
Plat (pente entre -2% et 2%)	10.047km
Descente (pente<-2%)	8.771km
Altitude minimum	235m
Altitude maximum	451m
Différence de température (théorique)*	~1°C
Vitesse moyenne	8.0km/h

Profil



Statistiques

Pente	Vmoyenne (km/h)	Distance (km)	Temps
Pente < -40%	3.8km/h	0.133km (0.5%)	00:02:05
Pente entre -40% et -30%	4.7km/h	0.445km (1.6%)	00:05:43
Pente entre -30% et -20%	6.6km/h	1.199km (4.3%)	00:10:54
Pente entre -20% et -10%	9.5km/h	2.362km (8.5%)	00:14:57
Pente entre -10% et -5%	11.6km/h	2.085km (7.5%)	00:10:45
Pente entre -5% et -2%	11.2km/h	2.548km (9.2%)	00:13:37
Pente entre -2% et 2%	10.0km/h	10.047km (36.3%)	01:00:11
Pente entre 2% et 5%	9.1km/h	1.921km (6.9%)	00:12:38
Pente entre 5% et 10%	7.9km/h	3.118km (11.3%)	00:23:34
Pente entre 10% et 20%	5.6km/h	2.225km (8.0%)	00:23:54
Pente entre 20% et 30%	3.8km/h	1.246km (4.5%)	00:19:45
Pente entre 30% et 40%	2.6km/h	0.207km (0.7%)	00:04:51
Pente > 40%	2.2km/h	0.172km (0.6%)	00:04:42

Résumé du parcours

N°	Nom	Altitude (m)	Distance (km)	Temps	Heure de passage	Delta heure	Delta D+ (m)	Delta D- (m)
1		245	0.968	00:05:47	dim. 09:35:49	00:05:47	0	0
2		245	1.990	00:11:55	dim. 09:41:57	00:06:08	0	0
3		287	3.025	00:19:18	dim. 09:49:20	00:07:23	37	0
4		379	3.985	00:28:00	dim. 09:58:02	00:08:42	84	0
5		414	5.033	00:34:59	dim. 10:05:01	00:06:59	30	0
6		421	6.030	00:41:12	dim. 10:11:14	00:06:13	12	14
7		371	7.036	00:48:53	dim. 10:18:55	00:07:41	21	71
8		311	8.005	00:55:22	dim. 10:25:24	00:06:29	13	66
9		250	9.045	01:03:34	dim. 10:33:36	00:08:12	17	78
10		242	10.002	01:09:09	dim. 10:39:11	00:05:35	0	10
11		241	11.070	01:15:31	dim. 10:45:33	00:06:22	0	0
12		243	11.998	01:21:06	dim. 10:51:08	00:05:35	0	0
13		325	13.074	01:30:55	dim. 11:00:57	00:09:49	82	0
14	R	405	14.018	01:40:27	dim. 11:10:29	00:09:32	78	0
15		332	15.001	01:47:01	dim. 11:17:03	00:06:34	12	80
16		272	16.029	01:53:35	dim. 11:23:37	00:06:34	0	60
17		412	17.001	02:05:16	dim. 11:35:18	00:11:41	135	0
18		397	18.008	02:14:21	dim. 11:44:23	00:09:05	48	64
19		272	19.007	02:22:47	dim. 11:52:49	00:08:26	0	127
20		282	19.998	02:29:48	dim. 11:59:50	00:07:01	11	11
21	R	240	20.957	02:35:54	dim. 12:05:56	00:06:06	0	40
22		245	22.007	02:42:16	dim. 12:12:18	00:06:22	0	0
23		326	22.997	02:51:44	dim. 12:21:46	00:09:28	92	11
24		239	24.004	02:58:32	dim. 12:28:34	00:06:48	0	86
25		325	25.002	03:08:12	dim. 12:38:14	00:09:40	83	0
26		355	26.007	03:16:32	dim. 12:46:34	00:08:20	45	22
27		246	26.951	03:23:11	dim. 12:53:13	00:06:39	0	109
28		245	27.709	03:27:41	dim. 12:57:43	00:04:30	0	0