

Parcours: Tfb 47 Km

Descriptif

Distance	47.443km
Dénivelé positif total	1764m
Dénivelé négatif total	1762m

Distance totale	47.443km
Dénivelé positif (montée)	1764m
Pente positive moyenne	11%
Dénivelé négatif (descente)	1762m
Pente négative moyenne	-11%
Montée (pente>2%)	17.435km
Plat (pente entre -2% et 2%)	11.954km
Descente (pente<-2%)	18.054km
Altitude minimum	235m
Altitude maximum	496m
Différence de température (théorique)*	~2°C
Vitesse moyenne	7.6km/h

Profil



Statistiques

Pente	Vmoyenne (km/h)	Distance (km)	Temps
Pente < -40%	3.8km/h	0.287km (0.6%)	00:04:32
Pente entre -40% et -30%	4.6km/h	0.808km (1.7%)	00:10:33
Pente entre -30% et -20%	6.6km/h	2.495km (5.3%)	00:22:33
Pente entre -20% et -10%	9.7km/h	5.375km (11.3%)	00:33:16
Pente entre -10% et -5%	11.7km/h	5.191km (10.9%)	00:26:43
Pente entre -5% et -2%	11.2km/h	3.896km (8.2%)	00:20:47
Pente entre -2% et 2%	10.0km/h	11.954km (25.2%)	01:11:31
Pente entre 2% et 5%	9.1km/h	3.566km (7.5%)	00:23:24
Pente entre 5% et 10%	8.0km/h	5.185km (10.9%)	00:39:04
Pente entre 10% et 20%	5.7km/h	5.237km (11.0%)	00:54:49
Pente entre 20% et 30%	3.8km/h	2.116km (4.5%)	00:33:17
Pente entre 30% et 40%	2.6km/h	0.790km (1.7%)	00:17:56
Pente > 40%	2.2km/h	0.541km (1.1%)	00:14:44

Résumé du parcours

N°	Nom	Altitude (m)	Distance (km)	Temps	Heure de passage	Delta heure	Delta D+ (m)	Delta D- (m)
1		246	1.059	00:06:21	dim. 07:51:21	00:06:21	0	0
2		245	2.003	00:12:00	dim. 07:57:00	00:05:39	0	0
3		284	2.994	00:19:02	dim. 08:04:02	00:07:02	39	0
4		379	3.982	00:27:59	dim. 08:12:59	00:08:57	87	0
5		417	4.915	00:34:19	dim. 08:19:19	00:06:20	38	0
6		416	5.990	00:40:51	dim. 08:25:51	00:06:32	0	0
7		380	6.986	00:48:28	dim. 08:33:28	00:07:37	13	50
8		311	8.000	00:55:17	dim. 08:40:17	00:06:49	0	62
9		250	9.044	01:03:34	dim. 08:48:34	00:08:17	16	78
10		242	10.001	01:09:10	dim. 08:54:10	00:05:36	0	10
11		240	10.968	01:14:55	dim. 08:59:55	00:05:45	0	0
12		243	11.996	01:21:06	dim. 09:06:06	00:06:11	0	0
13		299	12.943	01:29:06	dim. 09:14:06	00:08:00	47	0
14	R	405	14.016	01:40:28	dim. 09:25:28	00:11:22	104	0
15		332	15.000	01:47:02	dim. 09:32:02	00:06:34	12	80
16		282	15.949	01:53:07	dim. 09:38:07	00:06:05	0	44
17		412	17.000	02:05:16	dim. 09:50:16	00:12:09	135	11
18		397	18.006	02:14:22	dim. 09:59:22	00:09:06	48	64
19		271	18.989	02:22:33	dim. 10:07:33	00:08:11	0	123
20		326	20.076	02:32:06	dim. 10:17:06	00:09:33	72	17
21		461	21.096	02:42:41	dim. 10:27:41	00:10:35	125	0

22		332	22.022	02:49:09	dim. 10:34:09	00:06:28	0	129
23		260	23.001	02:56:25	dim. 10:41:25	00:07:16	0	79
24		470	23.934	03:11:23	dim. 10:56:23	00:14:58	205	0
25		318	25.010	03:20:51	dim. 11:05:51	00:09:28	10	162
26	R	235	25.988	03:27:09	dim. 11:12:09	00:06:18	0	78
27		278	27.009	03:34:19	dim. 11:19:19	00:07:10	43	0
28		370	27.996	03:44:35	dim. 11:29:35	00:10:16	103	0
29		370	28.982	03:52:38	dim. 11:37:38	00:08:03	25	31
30		385	30.022	03:59:26	dim. 11:44:26	00:06:48	23	15
31		437	31.017	04:08:08	dim. 11:53:08	00:08:42	56	13
32		467	31.993	04:15:43	dim. 12:00:43	00:07:35	59	23
33		383	33.043	04:23:49	dim. 12:08:49	00:08:06	10	94
34		324	34.009	04:29:41	dim. 12:14:41	00:05:52	0	50
35		287	35.003	04:39:08	dim. 12:24:08	00:09:27	15	59
36		425	35.983	04:51:29	dim. 12:36:29	00:12:21	138	0
37		460	37.002	04:58:35	dim. 12:43:35	00:07:06	33	0
38		461	37.996	05:05:16	dim. 12:50:16	00:06:41	24	14
39	R	470	38.996	05:11:52	dim. 12:56:52	00:06:36	13	11
40		462	39.994	05:18:22	dim. 13:03:22	00:06:30	0	0
41		430	41.014	05:29:16	dim. 13:14:16	00:10:54	62	98
42		422	41.990	05:35:41	dim. 13:20:41	00:06:25	20	22
43		412	43.011	05:42:39	dim. 13:27:39	00:06:58	24	34
44		367	44.001	05:48:48	dim. 13:33:48	00:06:09	10	55
45		337	45.011	05:56:33	dim. 13:41:33	00:07:45	22	56
46		339	46.013	06:03:38	dim. 13:48:38	00:07:05	31	29
47		243	47.013	06:10:38	dim. 13:55:38	00:07:00	0	93
48		245	47.443	06:13:14	dim. 13:58:14	00:02:36	0	0